


weekly Joyometer

BY RONJA SAKATA

Date: 

The highlights of my week: 

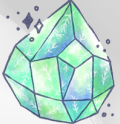



I did all THIS for MYSELF last week: 


My weekly mantra: 


I read or listen to THIS at the moment: 

I am grateful for all this: 

This made me very (very) happy last week: 

Three things I'm currently working on (to fulfill my dreams): 

This (person) inspired me and THAT'S why! 

My trick, my piece of wisdom, my life hack I want to tell the world: 

May Edition 